# POST GRADUATE AND RESEARCH DEPARTMENT OF ENGLISH

# DEVA MATHA COLLEGE, KURAVILANGAD

Affiliated to Mahatma Gandhi University, Kottayam



# REPORT

# **ADD-ON COURSE**

In

Prune Your Self: An Introductory Course in Personality Development (DMCK/ ENG/AD 13/2021)

Academic Year 2021-22

## Prune Your Self: An Introductory Course in Personality Development

Academic year	: 2021-22
Date(s) on which program conducted	:1 <sup>st</sup> March 2022- 12 <sup>th</sup> March 2022
Collaborating agency inside or outside the institute	:Department of English
Beneficiaries	: Students from BA English Language and Literature
Number of teachers coordinated the program	:1
Number of students participated in the program	:17

#### A brief report on program

An Add-on course Prune Your Self: An Introductory Course in Personality Development" was conducted by the Post Graduate and Research department of English, Devamatha College, Kuravilangad for the third-year degree students.

18 Students attended this Add-on Course which equipped them to face competitive exams and interviews confidently. The Department conducted the Add-on course with the help of our faculty who serve as the resource persons in many work -shops and Seminars in Personality development across Kerala. The Classes were in the online mode and at the end of the course model exams also were conducted. The course was of 30 hours which was conducted during the First Week of March 2022.

#### <u>Syllabus</u>

#### **Course Objectives:**

- Focus on strategies and techniques of cracking a Group Discussion to perform well in Group Discussion stage of selection process.
- Describe the preparatory stages of an interview so that a favourable impression can be created in front of the employers.
- Describe various types of job interviews and identify how to present oneself according to the nature of interviews
- Develop interpersonal skills to foster employability aligned to industry demands.

#### **Syllabus Content**

#### Unit 1- Group Discussion Skills (30 minutes)

Characteristics of a Group Discussion- Process of Group Discussion- - Traits to be possessed-Essential requirements- Do's and Don'ts in a GD

#### Unit- 2 Preparation before the Interview (30 min)

Preparing before an interview- Assess strengths & weakness, likes & dislikes, goals-Preparation for the interview- Research, Practice questions, Dress rehearsal

## Unit- 3 Preparation during the Interview (30 min)

Types of interviews- Presenting oneself during the interview- Body Language- Talking and Concluding the Interview- Following up after an interview

## **Course Outcome**

Students will be able to attend the GD and Interview confidently

Enhances their soft skills

601 Don M Francis	
620 DRAVID	
622 Godwin P saju	
637 DEVIKRISHNA R	
639 Kavya Sajeevan	
Aargitha R Nair	
Aiswarya K S	
Akhila K B	
Anagha S	
Angel Rose George	
Anjitha Babu	
Anju James Madappallil	
KAVYA K	
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## **Students' List**



#### **Resource Persons**

- 1. Mr. Subin Varghese, Assistant Professor, Department of English, Devamatha college, Kuravilangad
- 2. Mr. Alphin Chacko, Assistant professor, Department of English, Devamatha College, Kuravilangad
- 3. Mr. Reneesh Thomas, Assistant Professor, Department of English, Devamatha College, Kuravilangad



# Attendance of participants

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#### STUDENTS LIST

SL. NO.	CLASS NO.	NAME OF THE STUDENT	CLASS
1	601	DON M FRANCIS	III BA ENGLISH
2	620	AROMAL P DRAVID	III BA ENGLISH
3	622	GODWIN P SAJU	III BA ENGLISH
4	637	DEVIKRISHNA R	III BA ENGLISH
5	639	KAVYA SAJEEVAN	III BA ENGLISH
6	606	AARGITHA R NAIR	III BA ENGLISH
7	607	AISWARYA K S	III BA ENGLISH
8	608	AKHILA K B	III BA ENGLISH
9	629	ANAGHA S	III BA ENGLISH
10	630	ANGEL ROSE GEORGE	III BA ENGLISH
11	633	ANJITHA BABU	III BA ENGLISH
12	634	ANJU JAMES	III BA ENGLISH
13	614	KAVYA K T	III BA ENGLISH
14	642	N A ASNA THASNIM	III BA ENGLISH
15	643	NANDANA UNNI	III BA ENGLISH
16	646	ROHINI VIJAYAN	III BA ENGLISH
17	647	ROSE MARIYA JOSE	

# Certificate



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Dr. Brincy Mathew Add-on Course General Coordinator



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Principal Deva Matha College Kuravilangad - 686 633